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The Milton Keynes Mix

A unique region's blend

Bollywood Dancing...

Award-winning Shona Shah has been dancing Bollywood-style since she was six years old in 2003 when her parents took her to a workshop held in the City Church, Milton Keynes.



Shona has performed in London, Milton Keynes, Leicester and Wales – for various celebrations, and for city heritage and charity events. Her first performance was at the Diwali Show 2004. Star performances since include Milton Keynes Volunteer Awards 2007 at the Hockey Stadium; and two days of music and dance in July 2008 for It's in the Square. At Milton Keynes' 40th anniversary in 2007, Shona was the youngest solo performer, selected to represent Milton Keynes' Hindu Community, performing Aashiqui Meri (My Love) at Milton Keynes Theatre.



'Feedback from the general public was amazing! They said 'That was fantastic... absolutely wonderful... best performance of the show!' Younger children came near the stage and were copying my moves. Parents asked me how their children could learn Bollywood Dancing – this was so satisfying for me!...At the age of 9, I started my 1st Assistant role. At 10, I was promoted to Teacher Trainee and am still enjoying this role.'

Shona Shah