

Discovering Places

The City's Parks

Exploring on foot

These parks were made for walking



All photos courtesy of The Parks Trust

Whether you're looking for a gentle stroll or more energetic hike, there are countless fantastic walks to explore around the parks of Milton Keynes.

For those who don't want to walk alone there are many guided walks which take place all year round that cater for lots of different interests.

- On every other Sunday morning you can enjoy a Wagtail Walk taking in the fresh air, the scenery and the wildlife around water in Milton Keynes.
- The Woman's Walking Network meets monthly and does a short walk at different Milton Keynes locations.

- Push 'n' Tone offers young mothers the chance to push your buggy and tone your body while making new friends.
- There are themed guided walks too, including a bluebell walk, a night walk to look out for creatures of the night, or listen to the beautiful birds song of a dawn and dusk chorus walk.